

Hello friends,

A Massive HAPPY NEW YEAR OF 2020 VISION

I haven't been guided to create a video-blog for January, which seems so strange because we are being greeted to a New Year and the year is 2020. Please see below the blog in written form for January 2020.



Just the sound of this year smacks of possibilities of greater insight, higher perception and opportunities for massive expansion. All to do with a **New Year of '2020 Vision'**.

You may wonder how this can be when not even two days into the New Year we are greeted with news of possible war, further separation and mother earth bursting from its seams with areas that are no longer habitable because raging fires and floods too, (in other parts of the world) are destroying whatever is in its way.

We are in human form, we live in this world, we will always have contrast to demonstrate to us nevertheless what we need more of and thus less of simultaneously. We definitely need more love and less hate; we definitely need less separation and more support and of coming together. We 100% need to take heed of the issue about global warming. It is being played out literally before our very eyes for all to SEE.

So this is the year where situations, issues, etc. will be displayed for all to SEE and thus reveal to us many insights, higher perspectives and different perceptions. All to do with vision! In the end, opportunities for us to shift in consciousness either directly or indirectly.

On the other hand, we may be in human form, but we all house our soul in our physical body. All matters of energy will be in 2020 and certainly there is the energy in 2020 to finally wake up and recognise one's divinity. Our soul is much more large and powerful and when we can see through the eyes of our soul, our divine self then we can only bring more love into this world, live more consciously and be at peace with our neighbour. That is when we can all fully be and live as the masters that we are.

2020 is the year to start walking the path of higher insight, an opportunity to step into a higher perspective, shift your reality and do away with limiting beliefs that create confusion, conflict and chaos.

Have you always wanted 20/20 vision? Well here's your chance to view this world and your reality in a different way... and for those that already have 20/20 vision, prepare yourself, because you are about to gain a lot more in-sight!

2020 is starting off already with booked courses of Holy Fire® Reiki I and II Certificated training, Health and Healing Retreats and family visits at the healing haven villa that we are so blessed to be living in.

Interested in a Healing Retreat experience? Just email me theresa_higherheart@hotmail.com for details and booking.



We have had to move out of the previous villa with plentiful fruits and our beloved donkey friends, etc. But we have been given a villa situated higher in the mountains that has the most magnificent atmosphere of peace, tranquillity and healing. Nature and its beauty surround us. It is our healing haven, but the name on the villa gates is called Lazy Daze Villa. It certainly encourages you to just chill and BE.



Still available for Skype Webcam, WhatsApp or Facetime sessions in Spiritual Life Coaching, Energy Intuitive Readings, Distant Reiki and Visioning. Just email me at:
theresa_higherheart@hotmail.com for a booking.

Wishing you a year full of much wisdom and insight,

LOVE LIGHT

Warm hugs,
Theresa,
Wanbli Icalu Win